



The Local Hub
224 Main Street,
Greenwood, Maine
(207) 875-0011

Hours

Closed Monday, Tuesday and
Wednesday

Open

Thursday 7am—3pm

Friday 7am—8pm

Saturday 7am—8pm

Sunday 7am—3pm

If your party has a food allergy please let us know. We cannot guarantee there is not the risk of cross-contamination as we are not a nut or GF kitchen, but we will do our best to accommodate your needs.

*****Consuming any raw or undercooked meat, poultry, or eggs may increase your chance of food borne illness*****

Over the course of the last few years and continuing, prices across the board have risen. From food costs to fuel costs to wages, taxes, materials and more. We appreciate you understanding that this trickles down to us and then our customers. It is unavoidable, although I understand everyones hardships right now and truly apologize that we have to change our pricing. We are also affected by it and appreciative of your understanding how this chain of events affects us all, and thankful for your continued support.

Thank you, The Local Hub



Breakfast

Bagel with Cream Cheese \$4.5

Hub bagel with plain or herb cream cheese

Breakfast Sandwich \$5.5

Farm fresh egg cooked over hard with choice of cheese on choice of bread

Sandwich Deluxe \$6.25

Farm fresh egg cooked over hard served with roasted garlic, spinach, tomato, pesto, and goat cheese

Breakfast Wrap \$10

3 farm fresh eggs scrambled with your choice of cheese in a wrap

Breakfast Scramble \$14

3 farm fresh eggs scrambled with red onion, roasted red peppers, roasted garlic, spinach, and goat cheese

Breakfast Burrito \$12

2 farm fresh eggs scrambled with Hub salsa, black beans, spicy veggie mix and mozzarella cheese in a wrap

French Toast \$12

2 Thick cut slices of Hub cinnamon swirl bread soaked in cinnamon egg batter, grilled and served with Abbott Organic Maple Syrup

Add Fresh Fruit and Whipped Cream \$4.5

Lox Platter \$14

Hub bagel toasted and served platter style with microgreens, tomato, onion, smoked salmon, capers, and plain or herb cream cheese

Yogurt Parfait \$10

Plain Greek Yogurt layered with fresh fruit and granola served with Abbotts Farm Organic Maple Syrup

Classic Breakfast \$12

2 farm fresh eggs, toast (2), home fries

Add on:

Bacon, Sausage, Veggie Sausage or Chicken Sausage \$3

Avocado or microgreens \$2

Homefries \$4.5



~Salads/Wraps~

Garden \$12

Greens, tomatoes, cucumbers, carrots, red onion, croutons, Hub ranch dressing

Apple Cranberry \$12

Greens, Apple, cranberry, parmesan, maple candied walnuts, Hub maple vinaigrette

Mediterranean \$13

Greens, tomato, cucumber, pickled onion, roasted red peppers, kalamata olives, goat cheese, olive oil and vinegar

Caprese \$13

Greens, tomato, fresh mozzarella, roasted red peppers, pesto, balsamic reduction

Hummus \$12

Greens, tomato, red onion, cucumber, carrots, Hub hummus, Hub magic vinaigrette

Chicken Salad \$13

Greens, tomato, Hub chicken salad, choice of bread

Tuna Salad \$13

Greens, tomato, tuna salad, choice of bread

~Hot Sandwiches~

The Loaf \$13

Hub Meatloaf (GF) made with local beef, caramelized onion, dill pickles, mayonnaise, ketchup on choice of bread

TBCR \$13

Turkey, bacon, cheddar, ranch, greens, tomato on choice of bread

Caprese \$12

Fresh mozzarella, tomato, roasted red peppers, balsamic reduction, pesto on choice of bread



BLT \$10

Greens, tomato, bacon, mayonnaise on choice of bread

Hub BLT \$12

Greens, tomato, avocado, roasted garlic, bacon, goat cheese, choice of bread

You Turkin To Me? \$12

Apples, red onion, turkey, ~~swiss~~, honey mustard on choice of bread

Tuna Melt \$12

Tuna salad, dill relish, tomato, ~~swiss~~ on choice of bread

Grilled Cheese and Tomato \$9

Choice of cheese and tomato on choice of bread

~Burritos~

Veggie Burrito \$14

Seasoned veggie mix, brown rice, black beans, Hub salsa, mozzarella cheese in a wrap or as a bowl atop a bed of spinach

Chicken or Beef Burrito \$15

Seasoned veggie mix, brown rice, black beans, Hub salsa, seasoned chicken or seasoned beef and mozzarella cheese in a wrap or as a bowl atop a bed of spinach

~Burgers~

All burgers are served on a Hub Bun with chips and a pickle

Millennial \$15

~~Microgreens~~, roasted garlic, avocado, bacon, over medium egg, cheddar cheese, sriracha, choice of burger

Boomer \$13

Greens, tomato, red onion, pickles, ~~american~~, mayo, ketchup, mustard

Reuben \$13

Red onion, sauerkraut, ~~swiss~~ cheese, 1000 Island Dressing, choice of burger



Spice It Up \$13

Greens, tomatoes, banana peppers, hot corn relish, mayonnaise,
pepper jack cheese, choice of burger

BBQ Bacon Mushroom \$14

Bacon, ~~carmelized~~ onion, mushrooms, ~~swiss~~ cheese, bbq, choice
of burger

Build Your Own \$8

Add A Patty \$4

~Smoothies~ \$8.5

Funky Monkey

Banana, peanut butter, chocolate sauce, almond milk

Green Machine

Banana, spinach, almonds, ~~spirulina~~, honey, almond milk

Mangoji Raspberry Ginger

Mango, raspberries, ginger, goji powder, chia seed, apple juice

Strawberry Mojito

Strawberries, basil, mint, pineapple juice, splash of lime, maple
syrup

Mango Lassi

Mango, honey, vanilla yogurt, coconut milk

Triple Berry

Strawberries, blueberries, raspberries, apple juice

Blueberry Acai

Blueberries, spinach, acas, chia seed, coconut milk, honey

~From the Cafe~

-Drip Coffee

-Espresso

sm. \$2.50/med. \$3/lg. \$3.50

-Americano

sm. \$2.75/med. \$3.25/lg. \$3.75

-Latte (iced or hot)

-Cappuccino

sm. \$4.00/med. \$5.00/lg. \$6.00

-Mocha

-Breve

sm. \$4.50/med. \$5.50/lg. \$6.50

-Hot Chocolate

-Flavored Steamer

sm. \$3.50/med. \$4.00/lg. \$4.50

-Cafe Au Lait

sm. \$3.25/med. \$3.75/lg. \$4.25

-Hot Tea

-Iced Tea

-Iced Coffee

One Size (16 oz.) \$4.50

~Baked Goods~

Blueberry Muffins \$2

Scone of the Day \$3.25

Cinnamon Coffee Cake \$3.25

Chocolate Chip Cookies \$1.75

Oatmeal Raisin Cookies \$1.75

Triple Chocolate Brownies \$3.75

Brownies (GF/V) \$4.5

Maple PB Bar (GF/V) \$4.5

Macaroons (GF) \$2.25

Whoopie Pies \$4

Danish (Sat and Sun) \$4.00

***We look
forward
to seeing you
soon!***

